






Harmony at Work:

An Evening of Caring for the Caregivers

First Peoples Wellness Circle (FPWC) warmly invites the dedicated members of the Resolution Health Support Program (RHSP) workforce to an exclusive evening of wellness and care.

 **Monday, February 12, 2024**
 **4:00 PM - 7:00 PM (PST)**
 **Sheraton Vancouver Wall Centre**

During registration night at the **National Wellness Gathering for Indian Residential School Survivors**, co-hosted by the Assembly of First Nations (AFN) and FPWC, we're offering complimentary access to a range of wellness services to the RHSP workforce.

Sign up during registration for a personalized time slot. We're offering first-come-first-served basis spots to ensure everyone gets a chance to unwind. Join us for **An Evening of Caring for the Caregivers**, a night designed to replenish and refill the cups of those who dedicate their lives to supporting others. ❤️



Our wellness offering will include:

- Energy Work
- Smudging
- Massage
- Brushing

Please note:

This special evening is dedicated to the RHSP workforce. We also have additional wellness opportunities planned for all our gathering delegates throughout the week!

On-site registration is required for all participants.

For more information: trisha.trudeau@fpwc.ca