ANNUAL GENERAL ASSEMBLY
July 15, 16, & 17, 2008, Quebec City, QC

Resolution no. 29/2008

SUBJECT:	Support for AFN Fitness Challenge to First Nations
MOVED BY:	Doug Kelly, Proxy, Shwx'ow"hamel First Nation, BC
SECONDED BY:	Chief Keith Matthew, Simpcw First Nation, BC
DECISION:	Carried by consensus.

WHEREAS:

A. Diabetes has become a dangerous disease with First Nations suffering at a rate three to five times that of the general Canadian population and more needs to be done to halt this disease;

B. In February 2008, at the Aboriginal Diabetes Initiative (ADI) Joint meeting, the national First Nations Diabetes Working Group members revised key recommendations to "*Increase awareness of diabetes, risk factors, complications, and strategies to reduce the risk of diabetes and its complications among First Nations, including promoting the practice of healthy eating and active living behaviors among First Nations, in addition to championing the AFN Challenge to First Nations*";

C. In support of the national First Nations Diabetes Working Group recommendation, the AFN has undertaken a long term commitment in collaboration with the Regional Health Survey for the collection of data with respect to the AFN Challenge to test its relevancy and effectiveness;

D. The AFN is a national organization and is committed to the promotion of physical activity and the AFN Fitness Challenge to First Nations has the unique potential to lead by example in mobilizing leaders at the regional and community levels in efforts to halt this disease;

E. On April 17, 2008, a draft resolution on the AFN Fitness Challenge to First Nations was supported by the Chiefs Committee on Health; and

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Phil Fontaine, National Chief

F. On Friday, May 2, 2008, to mark National Aboriginal Diabetes Awareness Day, the AFN issued a media advisory announcing that it will launch a fitness challenge on August 1, 2008, as part of an initiative to encourage healthy lifestyles.

THEREFORE BE IT RESOLVED that:

1. The Chiefs-in-Assembly support the planned AFN Fitness Challenge to First Nations.
2. In its inaugural year, the AFN Fitness Challenge to First Nations will engage First Nation athletes and role models in support of this initiative and focus on challenging First Nations' leaders both regionally and nationally.
3. The AFN will continue to develop and secure resources for the long term effectiveness of the AFN Fitness Challenge to First Nations.

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Phil Fontaine, National Chief